MOVE MORE EAST LOTHIAN

HEALTHCARE PROFESSIONAL REFERRAL FORM





In partnership with



Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SCO39907) and the Isle of Man (604).



Participant details:

GP Practice

Title	First name			Su	rname		
Address					Postcode		
Phone		Email				_	
Date of birth			Gende	er			
Emergency	/ contact detai	ls:					
Name				Pho	one		

Phone

Referring Health Professional details:

Name (PRINT)				
Place of work		Designation		
Phone	Email			
Signature			Date	
Signaturo			Date	

Essential Referral info (Diagnosis description must be completed):

Diagnosis: Cancer ty	pe / Staging, if known	
Date	Medication	**



Treatment (select appropriate	e boxes)			
Chemotherapy Radiotherapy Biological Hormonal Therapy Surgery Other	Ongoing □ □ □ □ □	Completed □ □ □ □ □ □ □		
Past Medical History:				
☐ Heart conditions (e.g. heart attack)		☐ Surgery (e.g. joint replacement)		
☐ Breathing conditions (e.g. asthma)		☐ Hearing / visual impairment		
☐ Cognitive impairment (e.g. dementia)		☐ Diabetes		
☐ Neurological condition (e.g. stroke)		□ Epilepsy		
☐ Muscle, bone, joint conditio	ns			
Additional comments/informati Lothian e.g. arthritis, low mood		evant to attending Move More East		
Move More Screening	Question	naire		
Has the participants' doctor eventy do physical activity recom		hey have a heart condition and should a doctor? Yes No		
Does the participant feel a pai ☐ No	n in their che	st when they do physical activity? \square Yes		
In the past month, has the par doing physical activity? \square Yes	•	pain in their chest when they were not		
Does the participant lose their consciousness? ☐ Yes ☐ N		ause of dizziness, or do they ever lose		
Has their doctor ever said that	they have ha	ad a stroke? ☐ Yes ☐ No		



Patient Consent (Data Protection Act 1998)

We are committed to protecting your privacy. enjoyleisure will only use your data to enable us to deliver and improve our service to you and process your payments where appropriate. We will never sell your data and we will only keep your data for as long as necessary to deliver our services and processes. More details about our privacy policy can be found at www.enjoyleisure.com ☐ Please select this box to confirm that you have read and understood our Privacy **Policy** Patient Consent ☐ Please tick to confirm that the patient in question has given you their consent to make this referral.

Please email completed forms to movemore@enjoyleisure.com or via NHS secure email:

loth.exercisereferral@nhslothian.scot.nhs.uk

Post to: Move More East Lothian, Head Office, enjoyleisure, Musselburgh Sports Centre, Musselburgh, East Lothian, EH21 7AS. Tel: 0131 653 5264



