

**NE Glasgow Health Improvement Team presents:
Online Baby Massage 4 week Course Via Microsoft TEAMS**

Free & Interactive

Learn how to relax and bond with your baby using simple massage techniques



**Session dates are Thursday afternoons- 1:15pm to 1:45pm
20th, 27th February and 6th, 13th March 2025**

**Parent/Carer must live or work in NE Glasgow and baby must be
aged between 6 weeks and 6 months (6 week HV check must be completed)**

Parent/Carer should sign up by clicking QR code below



**Any queries please contact
ggc.northeasthealthimprovementteam.admin@nhs.scot**