

TARGET	Secondary care
AUDIENCE	
PATIENT GROUP	Haemato-oncology patients receiving Bispecific Antibody
	Therapies

Clinical Guidelines Summary

- Bispecific antibody (BsAb) therapy is a novel approach in the treatment of haematological malignancies including lymphomas and myeloma.
- Due to engagement of the host immune system against malignant cells, specific toxicities can occur with BsAb which are not seen with conventional chemotherapy treatments. These include cytokine release syndrome (CRS) and immune effector cell-mediated neurotoxicity syndrome (ICANS).
- This clinical guideline outlines the management for patients receiving BsAB and how CRS and ICANS should be managed in NHS Lanarkshire.



Guideline Body

Introduction

Bispecific antibody (BsAb) therapy is a novel approach in the treatment of haematological malignancies. BsAbs have two binding sites, one for endogenous T-cells (via the CD3 receptor) and one for the malignant cell. They promote activation and expansion of endogenous T-cells as well as T-cell mediated lysis of malignant cells via specific receptors.

BsAbs used in treatment of B-cell non-Hodgkin lymphoma include **Epcoritamab**, **Glofitamab** (both SMC-accepted as monotherapy for the treatment of adult patients with relapsed/refractory diffuse large B-cell lymphoma (DLBCL), after two or more lines of systemic therapy), **Mosunetuzumab** and **Odronextamab** (currently available in clinical trials only). These bind via the CD20 receptor of malignant B cells.

Phase 2 studies analysing BsAbs in DLBCL have shown promising efficacy, with overall response rates of up to 60% and complete response rates of approximately 30-40% in patients with relapsed/refractory disease. Ongoing clinical trials are investigating earlier incorporation of these agents, including in the first-line setting.

In myeloma, **Elranatamab** and **Teclistamab** promote T-cell mediated lysis of malignant plasma cells via the B-cell maturation antigen (BCMA). They are both SMC accepted as monotherapy for patients with relapsed/refractory disease who have received at least three prior therapies (including an immunomodulatory agent, proteasome inhibitor and anti-CD38 antibody) and progressed on the most recent therapy.

Due to engagement of the host immune system against malignant cells, specific toxicities can occur which are not seen with conventional chemotherapy treatments. These include cytokine release syndrome (CRS) and immune effector cell-mediated neurotoxicity syndrome (ICANS). Both are seen in patients receiving other types of immunotherapy, including CAR-T cell therapy.

Blinatumomab is a BsAb directed against CD19+ cells in B-cell acute lymphoblastic leukaemia. This drug can also cause CRS and ICANS, however has a different administration and toxicity profile to the BsAbs used for lymphomas and myeloma. Please refer to separate, specific guidance for Blinatumomab administration and toxicity management.

It is important to note that frequency and severity of CRS with BsAbs is typically less than that seen with CAR-T, and ICANS is seen rarely. However, without prompt identification and treatment, these complications can cause significant adverse effects and can be fatal. It should be noted that each of the different licensed BSAb has subtle differences within their Summary of Product Characteristics (SPC) in the management of CRS. A standardised approach to managing these patients is therefore essential. Please note that individual product West of Scotland SACT protocols should be referred to in conjunction with this guideline.

Cytokine release syndrome

CRS is an acute systemic inflammatory syndrome occurring due to over-stimulation of the immune system by the interaction of tumour cells and immune effector cells. There is rapid and massive

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cytokine release which, in severe cases, can precipitate multi-organ dysfunction. Interleukin 6 (IL-6) is often implicated in CRS and is a specific target for therapy.

The incidence of CRS with BsAb therapy has been reported at 40-60%. The median time to onset is variable depending on the BsAb used but is predominantly within the first 48 hours (see **Appendix 1**). CRS can be graded depending on severity (see below) with most cases being mild.

Fever must be present for CRS. Other symptoms can include (but are not limited to) chills, sweating, rash, nausea, restlessness, dizziness, BP changes, dyspnoea, myalgia and headache. Important differential diagnoses to consider include anaphylaxis and infection/sepsis.

There should be a low threshold to consider commencement of broad-spectrum antibiotics, particularly in this immunocompromised cohort of patients.

Prevention

- Step-up dosing the drug dose is increased upon each administration until the maximum dose is established
- Premedication paracetamol, an antihistamine and steroid are given as standard practice
 - See Appendix 1/individual drug SPC for dosing and pre-medication of each BsAb

Initial assessment and management

- If CRS occurs during treatment, stop infusion
- Assess patient to determine grade of CRS (see Table 1), but also ensure alternative causes for fever, hypoxia and hypotension are considered
- Regular observations minimum hourly until CRS resolves
- Symptomatic treatment paracetamol 1g, chlorphenamine 10mg IV (if not already given), consider ibuprofen for refractory fever if no significant thrombocytopenia, coagulopathy or renal impairment
- Baseline investigations if CRS grade ≥2:
 - Bloods FBC, U&Es, LFTs, CRP, LDH, bone profile, urate, ferritin, coagulation & fibrinogen
 - Infection screen blood cultures, urine culture, sputum culture, COVID-19 PCR, and consider extended viral swabs
 - Chest x-ray if respiratory symptoms or hypoxia
- ECG baseline at onset of CRS, repeat as necessary depending on clinical features
- Inform Haematology doctor oncall:
 - Monday to Friday (0900-1700)
 - University Hospital Monklands phone 404666
 - University Hospital Wishaw bleep 065
 - University Hospital Hairmyres 01355 58 (4320)
 - Out of hours (1700-0900 and weekends) contact Haematology consultant via switchboard
- Haematology doctor to discuss any CRS of grade ≥2 with Haematology consultant
 - This is the attending consultant in normal working hours, or the on-call consultant if out of hours
- Discuss with the patient's responsible consultant in working hours for adverse event reporting

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Drug treatment

- Decisions on use of anti-cytokine and/or corticosteroid therapy should be based on CRS severity (see Tables 1 and 2) and on discussion with consultant
- Anti-cytokine therapy <u>Tocilizumab</u> 8mg/kg (maximum 800mg per dose) (off label use*).
 Can be repeated after at least 8 hours. Maximum of 2 doses in 24 hours and not more than 3 doses in a 6-week period.
 - o Must be discussed with consultant prior to giving
 - 4 doses are always kept in Ward 15, University Hospital Monklands (UHM). Please see
 Appendix 2 for details on how to access Tocilizumab out of hours
 - If CRS is refractory to Tocilizumab and corticosteroid, consider <u>Anakinra</u> 100mg SC twice daily (can continue for 3-7 days) (off label use*) (4 doses are kept in Ward 15, UHM)
 - *No anti-cytokine therapy is licensed for the treatment of BsAb related CRS. However,
 the licensing of BsAbs recommends anti-cytokine therapy be available for management

Corticosteroid therapy:

- <u>Dexamethasone</u> is the preferred corticosteroid for pre-medication and initial CRS management. See **Table 2** for dosing considerations which will depend on individual patient factors and CRS grading
- If refractory CRS, Dexamethasone can be increased to 20mg IV 6-hourly or alternatively, consider <u>Methylprednisolone</u> 1000mg IV per day
- Consider early use in suspected ICANS (see below)
- In myeloma, consider prophylactic use in those at risk of spinal cord compression due to tumour flare (in those with significant extramedullary disease)
- o Can be used in myeloma patients developing bone pain due to tumour flare

CAUTION: fever and CRP are unreliable markers of CRS once patients are treated with steroids or anti-cytokine therapy. If hypotension or hypoxia persist, consider ongoing CRS and manage accordingly.

Grading of CRS

Grading is determined by the most severe event. There is no specific cut-off for hypotension, but this will be determined on a case-by-case basis in the context of systolic blood pressure (SBP), mean arterial pressure (MAP) and the patient's baseline BP. Management of CRS depending on grade is detailed in **Table 2**.

Table 1 – CRS grading

	Grade 1	Grade 2	Grade 3	Grade 4		
Fever	≥38°C	≥38°C	≥38°C	≥38°C		
		with				
Blood pressure	Normal	Low, responds to IV	Low, requiring 1	Low, requires 2+		
		fluids	vasopressor	vasopressors		
	and/or					
O2 saturation (≥94%)	Normal	Requires low-flow	Requires high-flow	Requires positive		
		O2 (≤6L)	O2 (>6L)	pressure ventilation		

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Table 2 – CRS management

<u> </u>	Grade 1	Grade 2	Grade 3	Grade 4	
Supportive care	- Withhold subsequent doses until CRS	- Follow grade 1 recommendations	- Follow grade 2 recommendations	- Follow grade 3 recommendations	
	resolves, or stop	- Inform on-call	- Give broad-spectrum	- Mechanical	
	infusion if ongoing	consultant	antibiotics	ventilation and/or	
	- Give paracetamol and	- Monitor closely:	- Monitor organ function:	renal replacement	
	IV chlorphenamine	regular observations,	fluid balance, catheter,	therapy may be	
	- Consider IV fluids	fluid balance, consider	telemetry, consider	required	
	- Consider broad-	catheter and telemetry	invasive BP monitoring if	- Consider and assess	
	spectrum antibiotics,	- Hypoxia: treat with	vasopressor required	for MAS/HLH ²	
	particularly if	oxygen	- Hypoxia: treat with		
	neutropenic	- Hypotension: 2x	oxygen		
		500ml IV crystalloid	- Hypotension: vasopressor		
		fluid boluses. If poor	support if IV crystalloid		
		response despite this	fluid boluses and anti-IL-		
		and the drug therapy	6/steroid fail to maintain		
		below, consider	BP		
		vasopressor therapy	- Transfer to HDU/ITU.		
		- Discussion with	Haematology consultant to		
		HDU/ITU on a case-by-	discuss with critical care		
		case basis	consultant re. suitability		
		21	for transfer to critical care		
Drug	- Consider tocilizumab	- Give tocilizumab	- Give tocilizumab	- Give tocilizumab	
therapy	+/- dexamethasone	- Consider addition of	- Give dexamethasone (e.g.	- Give dexamethasone	
	(e.g. 10mg once daily	dexamethasone (e.g.	10mg IV every 6 hours for	(e.g. 20mg IV every 6	
	PO) if grade 1 CRS	10mg IV every 12 hours for 1-3 days or	1-3 days or resolution to	hours for 1-3 days or	
	persists >24h despite	-	grade ≤1)	resolution to grade ≤1,	
	symptomatic management, or for	resolution to grade ≤1) if no response following	- If refractory, consider alternative anti-cytokine	with taper over 3-7 days)	
	those with significant	2 doses of tocilizumab	therapy (e.g. anakinra) +/-	- If refractory,	
	comorbidities (e.g.	2 doses of tocilizatilab	increasing dose of steroid	consider alternative	
	cardiac impairment,		liter casing dose or steroid	anti-cytokine therapy	
	limited pulmonary			(e.g. anakinra) +/-	
	reserve)			methylprednisolone	
				1000mg IV once daily	
				for 3 days	
Other	- If CRS occurs during IV	- If CRS occurs during IV	- If CRS occurs during IV	- Permanently	
consider-	infusions, treatment	infusion, discontinue	infusion, discontinue and	discontinue BsAb	
ations	can be re-started at	and do not restart	do not restart	- If no improvement	
	50% of initial rate if	- Ensure symptoms are	- If no improvement within	within 24h, consider	
	symptoms resolve. If	resolved prior to next	24h, consider work-up for	work-up for possible	
	recurrent symptoms	infusion ¹	possible MAS/HLH ²	MAS/HLH ²	
	despite this,	- Consider slower rate	- Ensure symptoms are		
	discontinue current IV	of infusion (duration	resolved prior to next		
	infusion	may be up to 8 hours)	infusion ¹		
	- Ensure symptoms are		- Consider slower rate of		
	resolved prior to next		infusion		
	infusion ¹		- If recurrent grade 3+ CRS,		
	- Consider slower rate		permanently discontinue		
	of infusion (duration		BsAb		
	may be up to 8 hours)	1			
Notes	1 – time to next dose dep				
		amab – withhold until >72h			
			and discuss with haematology		
			o drug SPC and discuss with re		
	2 – MAS = macrophage activation syndrome; HLH = haemophagocytic lymphohistiocytosis				

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Immune effector cell-mediated neurotoxicity syndrome (ICANS)

ICANS is a rare neurological complication of immunotherapy which is related to peripheral immune overactivity, in a similar mechanism to CRS. Endothelial activation and subsequent blood-brain barrier dysfunction leads to central nervous system (CNS) inflammation. ICANS is predominantly seen in the setting of CAR-T cell therapy and is rare with BsAb therapy (incidence approximately 5%, mostly at grade 1-2 severity).

ICANS manifests predominantly as a toxic encephalopathy with receptive dysphasia, motor dysfunction and altered consciousness. In severe cases seizures, coma and cerebral oedema can be seen, and this is associated with a high mortality. Grading of ICANS is based on the Immune effector Cell-associated Encephalopathy (ICE) score and the neurological signs and symptoms above. It is based on the most severe event. The CARTOX app, developed for CAR-T cell patients, can help to comprehensively assess patients and aid in management.

ICE score

	Task	Points
Orientation	To year, month, city, hospital	4 (1 for each)
Naming	Name 3 objects	3 (1 for each)
Follow commands	Ability to follow a simple command	1
Writing	Ability to write a standard sentence	1
Attention	Count backwards from 100 by 10	1
Score – 10 = no impairment; 7-9 = grade 1 ICANS; 3-6 = grade 2 ICANS; 0-2 = grade 3 ICANS; if score 0 and patient unrousable a unable to perform		

Grading of ICANS

	Grade 1	Grade 2	Grade 3	Grade 4
ICE score	7-9	3-6	0-2	0
Depression of conscious level	Awakens spontaneously	Awakens to voice	Awakens to tactile stimuli	Unrousable or requires vigorous or repetitive tactile stimuli; stupor or coma
Seizures	NA	NA	Any clinical seizure (focal or generalised) that resolves rapidly (< 5 minutes) or nonconvulsive seizures on EEG that resolve with intervention	Life-threatening prolonged seizure (≥ 5 minutes) or repetitive clinical/electrical seizures without return to baseline in between
Motor findings	NA	NA	NA	Deep focal motor weakness e.g., hemiparesis/paraparesis
Cerebral oedema or raised intracranial pressure	NA	NA	Focal/local oedema on neuroimaging	Diffuse cerebral oedema on neuroimaging, decerebrate or decorticate posturing, cranial nerve VI palsy, papilloedema, or Cushing's triad

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Initial assessment and management

- Perform neurological exam to calculate ICE score, and assess ICANS grade from table above
- Inform Haematology doctor oncall:
 - Monday to Friday (0900-1700)
 - University Hospital Monklands phone 404666
 - University Hospital Wishaw bleep 065
 - University Hospital Hairmyres 01355 58 (4320)
 - Out of hours (1700-0900 and weekends) contact Haematology consultant via switchboard
- Consultant discussion is mandatory for any grade ICANS with early consideration of transfer to critical care
- Supportive care:
 - o Assess swallow, make nil by mouth if necessary and commence aspiration precautions
 - o IV hydration and consider converting oral medication to IV
 - o Avoid sedating medication where possible
- Please refer to individual SACT protocols / summary of product characteristics for specific investigations and management, including drug treatment with anti-cytokine therapy and corticosteroids as well as neurological interventions

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Acknowledgement

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References/Evidence

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- 4. Teclistamab solution for injection (Tecvayl®). Summary of Product Characteristics accessed via www.medicines.org.uk. Last updated 30.08.24
- 5. Crombie JL, Graff T, Falchi L et al. Consensus recommendations on the management of toxicity associated with CD3xCD20 bispecific antibody therapy. Blood. 2024(143(16):1565-1575. DOI: https://doi.org/10.1182/blood.2023022432

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Appendices

Appendix 1 – further information on bispecific antibodies

	Epcoritamab	Glofitamab	Elranatamab	Teclistamab
Administration	Subcutaneous	Intravenous	Subcutaneous	Subcutaneous
Dosing	C1D1 0.16mg C1D8 0.8mg C1D15 48 mg C1D22 48mg Ongoing full dose of 48mg: Weekly C2-3 Every 2 weeks C4-9 Every 4 weeks C10+	Pretreatment C1D1 with Obinutuzumab C1D8 2.5mg C1D15 10mg C2 30mg Ongoing full dose 30mg every 21 days	C1D1 12mg C1D4 32mg C1D8, D15, D22 76mg Ongoing full dose of 76mg: Weekly C2-6 Fortnightly from C7 if patient has achieved a response	C1D1 0.06mg/kg C1D3 0.3mg/kg C1D5 1.5mg/kg Ongoing full dose of 1.5mg/kg: Weekly, with consideration of dose every 2 weeks if CR or better for 6+ months Dosed on actual body weight
Cycle length	28 days	21 days	28 days	As above
Duration	Continuous until unacceptable toxicity or progression	Maximum 12 cycles, or unacceptable toxicity/progression	Continuous until unacceptable toxicity or progression	Continuous until unacceptable toxicity or progression
Monitoring	Inpatient for first full	Inpatient for 24	Inpatient for 48	Inpatient for 48
requirements	48mg dose (C1D15)	hours after first Glofitamab dose (C1D8)	hours following 32mg and first 76mg dose	hours following all step-up doses
Premedication	Paracetamol 1g oral Chlorphenamine 4mg oral, Dexamethasone 16mg oral For cycle 1	Paracetamol 1g oral Chlorphenamine 10mg IV Dexamethasone 20mg IV or methylprednisolone 80mg IV	Paracetamol 1g oral Chlorphenamine 4mg oral Dexamethasone 20mg oral For first three (step- up) doses*	Paracetamol 1g oral Chlorphenamine 4mg oral Dexamethasone 16mg oral/IV For first three (step- up) doses*
Additional	Dexamethasone	Allopurinol (cycle 1)	Allopurinol (cycle 1)	Allopurinol (cycle 1)
medication	16mg oral (3 days) Allopurinol (cycle 1) Aciclovir Co-trimoxazole Omeprazole	Aciclovir Co-trimoxazole Omeprazole	Aciclovir Co-trimoxazole Omeprazole for first 14 days	Aciclovir Co-trimoxazole Omeprazole for first 7 days
CRS in Ph2 trials	49.7% - Grade 1 or 2	59% - Grade 1 or 2	56.3% - Grade 1 or 2	56% - Grade 1 or 2
(%pts affected)	2.5% - Grade 3 or 4	4% - Grade 3 or 4	0% - Grade 3 or 4	0.6% - Grade 3 or 4
Median time for CRS in trials (from dose)	C1D15 – 20 hours	C1D8 – 13.5 hours	C1 – 48 hours (90.6% with step up doses i.e., C1D4, C1D8)	C1 – 48 hours (most in step-up doses)
Incidence of ICANS in Ph2 trials (% pts affected)	5.8% - Grade 1 or 2 0.6% - Grade 3 or 4	5% - Grade 1 or 2 3% - Grade 3 or 4	3.4% - Grade 1 or 2 0% - Grade 3 or 4	3% - Grade 1 or 2 0% - Grade 3 or 4

^{*} Pre-medication given for BsAbs with SC administration for all step-up doses. If no CRS/ICANS then these can be stopped for subsequent administrations. If previous CRS/ICANS, then ongoing pre-medication may be required. For glofitamab, refer to SPC for detailed advice.

Please refer to each drug specific <u>Summary of Product Characteristics (SPC)</u> for more detailed information

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Appendix 2 – guidance on accessing tocilizumab out of hours

- University Hospital Monklands: contact Ward 15 Haematology on 01698 752045/047 (401045/401047) internally). Four doses are kept in fridge. There are also further vials kept in the emergency cupboard hospital cover has access.
- University Hospital Wishaw: Two doses are kept in the emergency cupboard hospital cover has access
- University Hospital Hairmyres: Two doses are kept in the emergency cupboard hospital cover has access

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1. Governance information for Guidance document

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CONSULTATION AND DISTRIBUTION RECORD		
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CHANGE RECORD	

Date	Lead Author	Change	Version No.
		e.g. Review, revise and update of policy in line with contemporary professional structures and practice	1
			2
			3
			4
			5

2. You can include additional appendices with complimentary information that doesn't fit into the main text of your guideline, but is crucial and supports its understanding.

e.g. supporting documents for implementation of guideline, patient information, specific monitoring requirements for secondary and primary care clinicians, dosing regimen/considerations according to weight and/or creatinine clearance

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