





Appendix 1: PICU NEC Management Pathway

NEC Stage	Systemic Signs	Abdo Exam	AXR	Laparotomy (if applicable)	Antibiotic Duration	NBM Duration	Initiate PN	Imaging frequency	Surgica Referra
Unlikely	None	None or slight abdominal distention	Normal or gas filled loops/dilated loops		None	24hours	No	Nil unless clinical deterioration	No
Possible	Irritable, pyrexia, brady/tachycardia	Abdominal distention, high GRV, vomiting	Normal or gas filled loops/dilated loops		48hours and re-evaluate	48hours Consider change to EN formula	No	Nil unless clinical deterioration	Maybe
Probable	Pyrexia, hypotension, mild lactataemia/ metabolic acidosis	Same as above, mild abdo tenderness, bloody stools (haematochezia),	Dilated loops, thickened bowel wall, paucity of colonic gas, mild ileus, possible pneumatosis		5-7days	5-7days Restart on HRA protocol	Yes	Day 5 unless clinical deterioration	Yes
Definite	Same as above, cardiovascular instability, metabolic acidosis and lactataemia +/- thrombocytopaenia, increased VIS score	Same as above, absent bowel sounds, ascites, severe abdo tenderness +/- abdominal cellulitis	Pneumatosis +/- Portal Gas	Bowel ischaemia requiring resection	7-10days or 10-14days if laparotomy	7 days (if AXR normal on day 5) or 10 days Restart on HRA Protocol	Yes	24 hours + Day 5 unless clinical deterioration +/- if laparotomy as per surgical instructions	Yes
Advanced	Same as above +/- hypotension, DIC, severe cardiovascular instability	Same as above + peritonitis	Widespread pneumatosis +/- Portal Gas +/- pneumoperitoneum	Bowel ischaemia, perforation +/- NEC Totalis	14days	As per surgical instruction Restart on HRA Protocol	Yes	As per surgical instruction	Yes – Urgen

AXR findings are used to define NEC Category as signs and symptoms may be due to other pathology ie sepsis.