

Appendix 1

Colostomy irrigation using.... A Gravity System

Patient details:

Date:

Today the Stoma Care CNS discussed and demonstrated colostomy irrigation using the Dansac Gravity System. The CNS highlighted specific details below:

- Correct use of the system
- Amount of water to use
- Flow of water
- Insertion of cone
- Use of sleeve
- How often to irrigate
- Average length of time to irrigate.
- Use of stoma cap or mini pouch.
- Potential problems (ie abdo cramps, faecal leakage between irrigation, difficulty inserting cone/water)

Patient will be contacted by telephone within one week and then as required.

Patient Signature: