

I HAVE A DIALYSIS FISTULA OR GRAFT

IN CASE OF BLEED

1

Shout for help. Dial 999 (don't delay) and state "Bleed from dialysis fistula".

2

Apply firm pressure directly over bleed site. You can use thumb or bottle top (hollow side) to localise pressure. Do not use large absorbent item which disperses pressure such as a towel.

3

If bleeding not controlled lie down and ask someone to help lift up limb affected.

4

If bleed stops still attend hospital to be seen by fistula surgeon or kidney doctor.

CARE OF DIALYSIS FISTULA (AVF) OR GRAFT (AVG)

- Check the buzz or blood flow in your fistula daily. If you cannot feel the buzz or flow immediately call the telephone number written below.
- Avoid tight cuffs, sleeves or bracelets that might obstruct blood flow in the fistula.
- Don't carry heavy objects on your fistula arm.
- Avoid injury to fistula arm.
- Don't allow anyone to take blood or BP from your AVF/AVG arm.
- Report scabs, infection or any unexpected bleed from AVF/AVG to your dialysis unit.

**IN EMERGENCY
SEE OVERLEAF**

PHONE:



mi • 308183