

STARTING SOLIDS EVENTS!

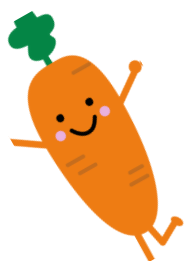


COME ALONG IF YOUR CHILD IS AGED BETWEEN 3-6 MONTHS

Thursday, 21st of November 12.30-2pm

Presentations and demo start promptly at 12.30pm

**The Tannahill Centre, 76 Blackstoun Road
Paisley, PA3 1NT**



*Health Visitor and Oral
Health teams will also
deliver information
sessions.*



You can also access resources to help you as a Parent/ Carer for a young child: Happy Healthy Tots



**Our Community
Nutritionist will deliver a
LIVE cooking
demonstration on
preparing food for your
baby and lots of other
nutrition tips.**

[HTTPS://RIGHTDECISIONS.SCOT.NHS.UK/HAPPY-HEALTHY-TOTS-HEALTH-VISITING-APP-IN-DEVELOPMENT/](https://rightdecisions.scot.nhs.uk/happy-healthy-tots-health-visiting-app-in-development/)