

Managing medicines for patients and carers

<https://rightdecisions.scot.nhs.uk/managing-medicines-for-patients-and-carers/>

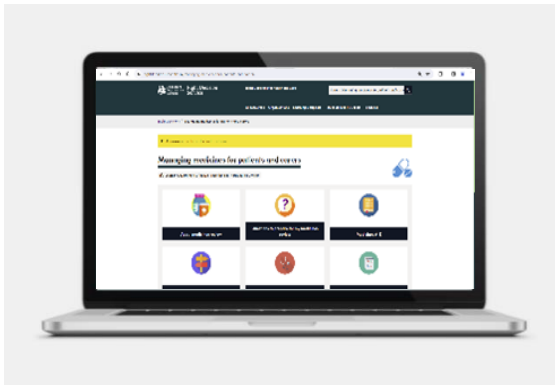
The Managing medicines for patients and carers app provides information and tools to:

- Build your knowledge and understanding about your medicines.
- Manage your medicines confidently.
- Prepare for a medicines review. This is an appointment where you can discuss with a healthcare professional how your medicines are working for you and see if there are any changes that may help.

You can access Manage Medicines as a website and as a mobile app.

Access the [website](https://rightdecisions.scot.nhs.uk/managing-medicines-for-patients-and-carers/) through the Right Decision Service at

<https://rightdecisions.scot.nhs.uk/managing-medicines-for-patients-and-carers/>



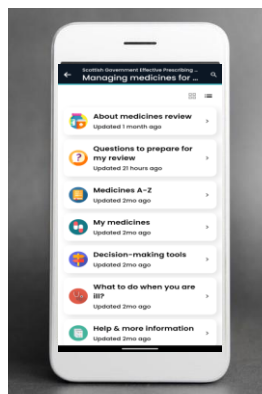
Website

Access the mobile app.

- Download the Right Decisions app.
- Use the QR codes below or search your app store (Google Play or Apple App Store) for “Right Decisions Health and Care”.
- Choose the public/patient option when prompted.
- Scroll down the list to find the toolkit called “Managing medicines for patients and carers”.
- Click on the title then click the green button at the bottom – “Add to my toolkits”. The toolkit will then open.
- When you next open the app you will find this toolkit saved in the My toolkits tab.



Android



Apple