

Your guide to

Feeling good about visiting the dentist



**Lifelong
Smiles**

NHS
Greater Glasgow
and Clyde

Feeling good about visiting the dentist

Making a trip to the dentist and not sure what's going to happen? We've got everything you need to know right here...

Taking a child to the dentist

Sometimes your child will need an extra checkup or treatment to help their teeth. Here are some tips for before you go.

- Remember your appointment card
- Something to help keep them occupied, like a tablet or phone, might be helpful
- The dentist and nurse will tell you everything you need to know and create a plan for future treatment



Watch the video!

Scan the QR code to find out more about visits to the dentist.

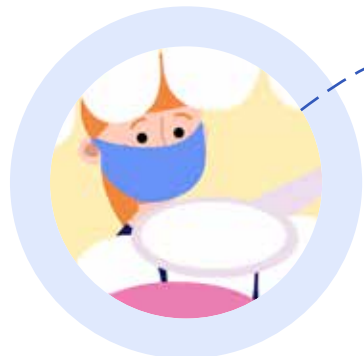


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Visiting the dentist

Sometimes you will need an extra checkup or treatment to help your teeth. It will be quick and fun and your grownup will be with you the whole time.

- You might go to a different dentist than usual
- You'll get to sit in a special seat with a booster seat if you need it
- It will be quick and easy. And you might get a sticker!



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Getting an x-ray

Getting an X-ray at the dentist lets them see all your teeth. Even the ones that are still growing.

- The X-ray machine is called an OPT scanner
- You need to make sure you don't have on glasses or earrings
- You'll still be able to see your adult and the dentist during the X-ray

Watch the video!

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ۆنسانسا ۆلۆع ۆعشرا لۆمۆ Efectuarea unei radiografii:
انارۆک ۆرسۆیا انۆپا Robia mi röntgen



