



## Things to consider when using putty

- Use only as advised by your therapist with specific exercises
- Stop using the putty if you experience any pain or swelling
- Wash & dry your hands before and after using the putty
- Keep putty in a small pot or resealable bag to contain the putty and to prevent it from drying out
- Avoid direct contact between putty and materials such as fabric, clothing and carpet
- Keep away from reach of small children / pets
- Keep putty away from excessive heat or open flames
- Avoid contact with mouth, eyes, nose and ears.
- When the putty is excessively stretched it can break down into fine strands.
- In case of accidental swallowing of the putty, please seek medical advice.
- If the putty comes into contact with the eyes carefully flush with water for 15 minutes.