

OUTPATIENT PARENTERAL
ANTIMICROBIAL THERAPY

OPAT



PATIENT INFORMATION

Contact numbers – WGH – 0131 537 2844

Mobile 07811710812

Welcome to OPAT.

OPAT is a service that is available for suitable patients across NHS Lothian. The aim of this service is to improve the quality of life for patients whilst providing expert infection management. Providing the right care in the right place.

Access to OPAT

OPAT is a referral only service either via an inpatient stay in hospital, GP, Accident and Emergency department and other health professionals.

Where we are

Our main site is within Regional infectious diseases, Ward 41
We also have a hub based within East Lothian Community hospital. We are available 7 days a week 0730-1800 with appointments between 0830-1600

Who we are

Consultants – Dr Claire Mackintosh
Dr Meghan Perry
Dr Sarah Clifford

Speciality Dr – Dr Elaine Griffin

Pharmacists – Alison Thomson
Lisa Davidson

Nursing staff –

Katie McIntyre	Clare McTear
Maureen Glendinning	Danielle Godfrey
Wilma McMartin	Sam Caird
Deborah Rice	Julie Murray
Louise Dickson	Freya Horne
Sharon Watson	Tess Ellens

What is the process?

First appointment will routinely be at WGH, if you would benefit from attending East Lothian community hospital this would be organised from WGH

We are a nurse led service however we have a multidisciplinary meeting with consultants and pharmacists weekly where the care of long term patients will be discussed. You will be updated with any changes to your treatment plan. You will have the opportunity to ask questions at any point that the nursing staff will answer or seek further guidance

If you are attending for treatment of cellulitis you will be assessed by an experienced nurse and a treatment plan will be agreed.

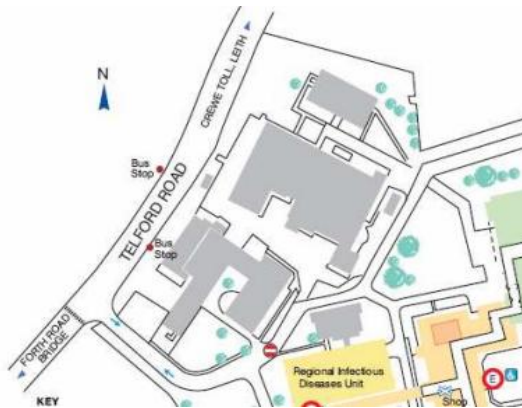
Depending on treatment you will be in the department for between 30-60mins

If appropriate you may be offered teaching for self-administration of your antibiotics where you or relative/friend would be taught to deliver antibiotics over a minimum of 3 days. You will be required to attend weekly for bloods and prescription.

Complex oral antibiotics – You may have been prescribed oral antibiotics that require blood monitoring, if so you would have a weekly appointment for bloods and for prescription collection

If you require wound dressings we would ask you to be seen at your Surgery/CTAC for wound management

WESTERN GENERAL
Regional Infectious Diseases Unit (RIDU)
OPAT
Ward 41
Crewe Road South
Edinburgh
EH4 2XU



If traveling by car enter the hospital via Telford road. Car park 8 is the closest to the department. Press buzzer and advise you have an appointment in OPAT. Parking is free

Frequent buses to the hospital however the majority of these arrive at main road of hospital. You will have to walk through the hospital to OPAT

Patient transport is available for those that meet criteria this should be organised by patient or referring ward.

Contact number 0300 123 1236

EAST LOTHIAN COMMUNITY HOSPITAL

Aldertson Road

Haddington

EH41 3PF

OPAT is based in the Out of hours/CTAC entrance (Just before the main reception)

Press the buzzer and advise you have an appointment with OPAT.

One of the OPAT nurses will come and collect you from the waiting room



There are free car parking facilities at the hospital.

There are also frequent bus services to the hospital.

Patient Information Sheet

Taking your medicines

Undesirable effects

Most people do not have any unwanted effects while taking medication, but very occasionally, there may be problems. Contact OPAT or the hospital if you develop any persistent:

- Diarrhoea
- Nausea or vomiting
- dizziness or headache
- any other effect you think may be a side effect.

Report immediately to your doctor any allergic reactions, including:

- Rash
- Itch
- redness of the skin
- swelling

Anaphylaxis

What is anaphylaxis?

This is term used to describe a very severe allergic reaction which may involve both difficulty breathing and collapse.

What should you look out for?

You may see or feel some or all of the following:

- Severe itch and rash
- Sneezing, coughing and/or wheeze
- Flushed and red skin
- Swollen lips, face and tongue
- Difficulty breathing, speaking and swallowing
- Collapse

What should you do? DIAL 999