



Assessment date

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Assessor signature

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Patient signature

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Patient Name & CHI or label

Crisis Management Work Sheet

Diffuse emotional distress

Encourage hopefulness
Bolster self-esteem
Build trust & confidence to ensure effective management of crisis

Remove means of lethality appropriate to risk

What are the means - nature & severity of risk to self & others?
What protocols exist to ensure safe removal of means?

Coping mechanisms

What stopped suicide being completed – now & in the past?
What worked to ease crisis/problems in the past?
Self-help coping mechanisms – Problem Solving

Developing a network of support

Available & appropriate to risk
Acceptable to the person

Revisiting Assessment

Suicidal intent - frequency & severity of thoughts
Plan
Measures to prevent detection