

**NHS BORDERS  
Borders General Hospital**

**DEEP VENOUS THROMBOSIS (DVT)  
PATIENT INFORMATION LEAFLET**

**Discharge Advice for patients with Possible Clot in the leg  
(Negative Scan and Positive D-dimer, with no other alternate diagnosis)**

You were assessed today for a possible blood clot in your leg(s) using a clinical examination, blood tests and a Doppler Ultrasound Scan.

The Scan has not shown any evidence of a clot (DVT) in the blood vessels in your leg(s). However, this scan is unable to exclude clot completely. It is very unlikely that you have a clot but we kindly request that you re-attend AAU in 5 days time for further review and possibility of a repeat scan.

If in the interim:

- You have increased pain or swelling in the leg
- You develop sudden onset of breathlessness that is unusual, or sharp pains in your chest
- You begin to cough or spit up blood
- You feel dizzy or collapse
- You become aware of a fast heart rate, racing pulse or palpitations

You should seek urgent medical advice either from your GP, NHS24 or nearest Emergency Department; or Call 999 Urgently and advise the operator that you have recently been tested for DVT.