

Guidance on the management of Staphylococcus aureus bacteraemia (SAB) in adults



Clinical management

Clinical assessment

- Assess for severity and sepsis if national early warning score (NEWS) is 5 or more seek immediate
 assessment by senior clinician
- Consider source: skin or soft tissue, surgical site, vascular device, indwelling device or prosthesis, bone or joint, spine, endocarditis, pacemaker or endovascular infection or injection drug use related infected DVT most common
- Collect relevant microbiology samples, eg 2 additional blood cultures (BCs) sets if endocarditis suspected, urine, pus, sputum, prosthetic material as indicated
- Document SAB source and clinical management plan in patient records



Source control

- All potentially infected devices should be removed
- **Involve surgical specialist** to drain collections or abscesses, wash out or debride joint, remove or debride prosthesis or cardiovascular implantable device as soon as possible



Perform transthoracic echocardiogram (TTE) in all patients with SAB

- · Refer to cardiology if TTE suggestive of endocarditis
- Refer for transoesophageal echocardiogram (TOE) if TTE negative or equivocal and ongoing suspicion
 of endocarditis, eg 2 or more positive BC, prosthetic valve or pacemaker



Repeat blood cultures

- Repeat blood cultures 48 hours after starting IV antibiotics and at 48 hour intervals until
 negative cultures.
- · Urgently reassess if persistently positive or ongoing fever



Discuss all patients with SAB with infection specialist

For support with

- Investigations, eg targeted imaging (magnetic resonance imaging or computerised tomography (MRI/CT), PET scan, TOE or source control
- Therapy, eg duration for intravenous (IV) and total antibiotic therapy, and suitability for outpatient parenteral antimicrobial therapy (OPAT)
- Monitoring, eg clinical response or antibiotic-related adverse events

Antibiotic therapy and monitoring

IV antibiotics for minimum of 14 days from bacteraemia clearance

- IV flucloxacillin is more effective than vancomycin in methicillin-sensitive staphylococcus aureus (MSSA)
- Methicillin-resistant staphylococcus aureus (MRSA) accounts for less than 4% of SAB infections in Scotland
- If previous documented MRSA colonisation or infection, commence IV vancomycin and *consider* adding IV flucloxacillin pending sensitivity results
- Carefully assess any reported penicillin allergy to optimise therapy



Flucloxacillin sensitive (MSSA)



IV flucloxacillin dosing

- 2g 6 hourly consider dose reduction only if creatinine clearance less than 10 mls/min
- Endocarditis discuss with infection specialist (see SAB quality of care indicators)

MRSA or MSSA and true penicillin allergy



IV vancomycin dosing

Dose as per local vancomycin policy

NB. Vancomycin alternative may be recommended by infection specialists based on laboratory or clinical factors

Outpatient parenteral antimicrobial therapy (OPAT) referral

- OPAT appropriateness and suitability requires evaluation by an OPAT infection specialist and specialist nurse before discharge
- Consider OPAT referral to complete treatment of SAB if: clinically improving, repeat BCs at 48 hours are
 negative and no other indication for hospital admission. S. aureus endocarditis requires minimum of 14
 days of inpatient stay
- Patients at risk of not completing inpatient treatment, including people who inject drugs (PWID), may be considered by local OPAT teams, but also need assessment by the addictions team prior to discharge
- Antibiotic choice for OPAT will be locally determined

IV to oral switch therapy (IVOST) considerations

- Consider after 2 weeks of IV therapy if deep seated or complex (non-endocarditis) infection and demonstrated clinical improvement
- Oral therapy, treatment duration, monitoring and follow up should be agreed with and supervised by an infection specialist