

CLINICAL GUIDELINE

Apomorphine subcutaneous infusion treatment in patients admitted to hospital (Monograph for maintaining pre-existing)

A guideline is intended to assist healthcare professionals in the choice of disease-specific treatments.

Clinical judgement should be exercised on the applicability of any guideline, influenced by individual patient characteristics. Clinicians should be mindful of the potential for harmful polypharmacy and increased susceptibility to adverse drug reactions in patients with multiple morbidities or frailty.

If, after discussion with the patient or carer, there are good reasons for not following a guideline, it is good practice to record these and communicate them to others involved in the care of the patient.

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Approval Group:	Medicines Utilisation Subcommittee of ADTC

Important Note:

The Intranet version of this document is the only version that is maintained. Any printed copies should therefore be viewed as 'Uncontrolled' and as such, may not necessarily contain the latest updates and amendments.

SUB-CUTANEOUS APOMORPHINE (FOR INFUSION)

Monograph for maintaining pre-existing apomorphine subcutaneous infusion treatment in patients admitted to hospital

This monograph describes how to continue pre-existing apomorphine treatment during hospital admission. It does not discuss initiation of apomorphine in new patients. Initiation of apomorphine should only be done under the guidance of a movement disorder specialist.

All patients admitted to hospital on apomorphine should be referred to the Parkinson's disease nurse specialist (PDNS), movement disorders team or pharmacist for advice as soon as possible-see contact details on page 7

Key facts

- Don't delay administering apomorphine treatment. A delay of a few hours can have potentially very serious effects on the patient's condition, and can result in Parkinsonism-hyperpyrexia syndrome (similar to neuroleptic malignant syndrome).
- Apomorphine is a dopamine agonist. It is not related to morphine and is not a controlled drug.
- Apomorphine should ONLY be given subcutaneously. It must NOT be administered using other routes.
- Apomorphine is usually given at a fixed hourly rate (mg/hour) during waking hours only. The
 fixed hourly rate and the number of hours it is administered for can vary between patients.
 The maximum daily dose of apomorphine should not normally exceed 100mg.
- Patients in community receive apomorphine APO-go[®] Prefilled syringes (PFS) via an APO-go[®] pump. The PFS should be stored at room temperature (at or below 25°C) and protected from light. Only clear, colourless and particle free solution should be used.
- Infusion sites should be rotated daily to prevent nodule formation.
- See BNF or SPC at <u>www.medicines.org.uk</u> for a full list of side-effects, contraindications and monitoring.

Supply of apomorphine

- The recommended formulation for use is the APO-go® pre-filled, ready diluted apomorphine syringes 50mg/10ml. Due to the additional risk of dilution, the use of APO-go® ampoules 50mg/5ml is not recommended for routine use and its use is outside the scope of this guidance.
- A supply of apomorphine can be obtained from GGC Parkinson's disease (PD) medicines
 holding areas at each hospital site- See 'Parkinson's Disease Medication Stock list, Acute
 Hospitals' guideline for details on NHSGGC StaffNet / Clinical Info / Clinical Guideline
 <u>Directory</u> (link only active if accessing via NHS GGC computer). If apomorphine is
 unavailable within the PD medicines holding area contact pharmacy/ on call pharmacist for a
 supply.

Continuation of apomorphine subcutaneous infusion during a patient's hospital admission – THREE STEPS

STEP ONE: Check the prescription is accurate.

- Information from the patient, carers, medical or prescription records can be used to confirm current dose rate.
- Confirm the hourly rate (mg/hour), **NOT** the total daily dose.
 - The fixed hourly rate can vary between patients-usually between 1mg/hour and 4mg/hour but sometimes up to 7mg/hour (above BNF dose).
 - The current syringe driver setting on the patient's home APO-go® pump can also be used to confirm the hourly rate (mg/hour). *Note:* The flow rate on the patient's home APO-go® infusion pump is shown in ml/hour but the in-patient prescription must also include the dose in mg/hour e.g. 0.6ml/hour of 50mg/10ml apomorphine infusion=3mg/hour.
- Confirm the patient's usual apomorphine start and finish times.
 - Apomorphine is usually given over waking hours only. The number of hours apomorphine is administered for depends on the patient's individual circumstances, usually up to 16 hours/day.
- The prescriber should prescribe apomorphine on the patient's prescription chart as follows:

Example 1: Prescribing electronically on a HEPMA prescription form:

REGULAR										
APOMORPHINE AS	CHARTED Subcutaneous Injectio	n	26-JUN-2021	27-JUN-2021	28-JUN-2021	29-	UN-2021	30-JUN-2021	01-JUL-2021	02-JUL-2021
Dose 1 Dose	Rx on 29-Jun-2021 09:51	Route Subcutaneous Contin	Directions ov	er 16 hours. Star	t 0700 Stop 230	0	22-21-20-22			

Example 2: Prescribing manually on a paper prescription form:

Pare											
BEFORE ADMISSION	Α	DRUG Apomorp	hino			Other time					
×		Apolitor				0700- 0000 - Start 0700					
	DOSE		ROUTE S.C.	30/06/21	C DATE:	1200-1400				\vdash	
NEW DOSE	As ch	narted		1200-1400							
	PRESC	RIBER (PRINT & SIGN)	🔁 INITIALS:	1600-1800							
NEW	Α	. Smith A. Smit	20	2000-2400							
MEDICATION	ADDIT	IONAL INSTRUCTIONS /	COMMENTS / P	HARMACY		2000-2400 Stop 2300					
		Give over 16 hour)	Other time					

 The prescriber should prescribe the patient's apomorphine dose and flow rate on the "ADULT PRESCRIPTION AND ADMINISTRATION CHART: FOR MEDICINES GIVEN BY SYRINGE OR INFUSION PUMP".

Example 3: For a patient on 3mg/hour over 16 hours using a ward syringe driver

 The flow rate (ml/hour) of apomorphine is: 0.6 ml/hour. See "Page 5, Table 1" to deduce flow rate (ml/hour) which corresponds to the patient's prescribed apomorphine hourly rate (mg/hour) i.e. for this example 3mg/hour

Patient na	me: PT	1		••••													NHS Greater Glasge and Glyde
Date of bi					ADULT PRESCR	IPTION	AND	ADMINISTRATIO	N CHART	: FC	OR MED	ICINES	GIVEN I	BY SY	RINGE	OR INFUSIO	N PUMP
CHI No:				t label	Patient's weight a Weight (kg) 65. Height (cm) 170	K g	it [For guidance on completion of this chart, refer to the front page of the prescription pad Ensure the medicine is also prescribed on the Kardex.							ion pad.		
1 Pres	cription	details													districtions	ng staff to co	Name of Street or other Party of Street or oth
Medicine		medic	amount of ine in syring ify units (e.g		Name of diluent (if applicable)	Total volu in syringe bag (ml)		Drug concentration (e.g. mg/ml)	Route		Prescriber's signature, PRINTED name and designation A. Smath				model and		
Apomo	rphine		Omg		not applicable	20 ml	l	5mg/ml	S.C.	Α.	.Smith-		· · · · ·				
2 Flow	rate de	tails					No.			1	3 Prep	paration	and pur	np se	t up de	etails	
	Date	Start time	Drug dose per hour	Require flow rat setting (ml/hr	e :	ructions	•	Prescriber's signature, PRINTED name and designation	Calculation verified			Date	Time	and	pump up by	Volume in syringe/bag (Post-priming)	Checked by
Initial rate	30/6/21	0700	3mg/hr	0.6ml	/hr Over 16 h	ours	A.S	mith-ST14. <i>Smith</i>	S.Robe	ovt 🛲	Initial prep						
Change 1											Repeat 1						

STEP TWO: Prepare and administer apomorphine using appropriate infusion device.

A specially designed pump (APO-go® pump) is usually used to administer apomorphine at home and this could be continued during hospital admission if staff or patient are familiar and competent in using the APO-go® pump (see option A). If staff, however, are unfamiliar with the APO-go® pump convert the patient to the ward syringe driver (see option B).

A. If staff or patient are familiar and competent in using APO-go® pump: maintain patient on the APO-go® pump

- Use APO-go® pre-diluted apomorphine pre-filled syringes (50mg/10ml)
- For further information contact PDNS (see contact details page 7). If PD specialist is unavailable contact APO-go[®] helpline **0**8081964242(open 24hours), see www.apo-go.co.uk

B. If staff are NOT familiar with APO-go® pump: convert the patient to the ward syringe driver

- 1. Select a suitable size luer lock syringe (e.g. 30ml or 50ml).
- 2. Empty the contents of two 50mg/10ml APO-go® pre-diluted apomorphine pre-filled syringes into the luer lock syringe. This gives a final concentration of 100mg/20ml (5mg/ml).
- 3. The syringe driver should be set to the correct infusion rate (ml/hour) corresponding to the patient's prescribed apomorphine hourly rate (mg/hour) as per table 1 below:

Apomorphine hourly rate (mg per hour)	Infusion rate of apomorphine pre- diluted solution (ml per hour)
1.0	0.2ml/hour
1.5	0.3ml/hour
2.0	0.4ml/hour
2.5	0.5ml/hour
3.0	0.6ml/hour
3.5	0.7ml/hour
4.0	0.8ml/hour
4.5	0.9ml/hour
5.0	1.0ml/hour
5.5	1.1ml/hour
6.0	1.2ml/hour

Table 1: Apomorphine infusion rate (ml/hour) corresponding to apomorphine hourly rate (mg/hour)

- 4. Ensure all calculations and preparation details are checked independently by a second trained practitioner.
- 5. Monitor the infusion site and volume of fluid infused hourly.
 - a. This must be recorded using appropriate documentation (i.e. *ADULT PRESCRIPTION AND ADMINISTRATION CHART: FOR MEDICINES GIVEN BY SYRINGE OR INFUSION PUMP)*
 - b. Ensure **ONLY** the required volume of pre-diluted apomorphine is infused. [For example: if a patient is prescribed 3mg/hour over 16 hours of pre-diluted apomorphine, the total volume to be infused over 16 hours is 9.6mls (0.6ml/hr x16)]
- 6. Ensure there is a system in place to stop the syringe driver at the end of the required infusion period.
- 7. Any infusion fluid remaining in the syringe driver should be discarded.

In preparation for discharge, contact PDNS to arrange conversion back to the APO-go® pump

STEP THREE: Double check

- Ensure the syringe driver is set to a **flow rate as ml/hour.** The usual flow rate is 0.2 0.8ml/hour. Check calculations. Think how many 'mls' the patient should be receiving per day. (E.g. 3mg/hour x16 hours=48mg per day. So only approximately 9.6ml of the pre-diluted apomorphine would run through in 16 hours).
- 2. The syringe should not normally run out in less than 16 hours, as the patient should not require more than 100mg during a 16 hours period.
- 3. Check the volume left in the syringe at regular intervals. This is an opportunity to identify if the rate is set correctly.
- 4. Ensure there is a system in place to stop the syringe driver at the required time.

Contacts for further advice

Name	Designation	Acute site	Contact number
Carol Vennard	ol Vennard PDNS Queen Elizabeth University Hospital		
Paul Lochrin	PDNS	Queen Elizabeth University Hospital/ Gartnavel General Hospital	0141 211 3166 07855102326
Elizabeth Craig	lizabeth Craig PDNS Queen Elizabeth University Hospital/ New Victoria Hospital		0141 347 8146/8144
Tracy Murphy	racy Murphy PDNS Queen Elizabeth Institute of Neurological Sciences		0141 201 2590
Jacqui Kerr PDNS		Glasgow Royal Infirmary/Lightburn	0141 211 1522 07949982628 Bleep: 13992
Kay hood/ Ainsley McNicol	PDNS	Glasgow Royal Infirmary/Stobhill	0141 355 1480
Shona Scott	Shona Scott PDNS Royal Alexandra Hospital		0141 314 6833 Bleep: 56617
Marlyn Guthrie	PDNS	Inverclyde Royal Hospital/ Vale of Leven	0147 552 5389 Bleep: 51196

PLEASE NOTE: If PDNS are unavailable for advice, contact PD consultant specialist at your site for advice via secretary as per contact details below:

Hospital site	Contact number
Queen Elizabeth University Hospital	0141 201 2376
Queen Elizabeth Institute of Neurological Sciences	0141 201 2376
Glasgow Royal Infirmary and Lightburn	0141 211 1927/ 0141 451 5351
Stobhill	0141 211 1927
Gartnavel General Hospital	0141 211 3166
New Victoria Hospital	0141 347 8144
Royal Alexandra Hospital	0141 314 6678
Inverclyde Royal Hospital	01475 505078
Vale of Leven	01389817586