**Caesarean Analgesia Guide v2**

**Intra-operatively:**

Intrathecal diamorphine 0.3mg (up to 0.4mg at consultant discretion)

Diclofenac 100mg suppository unless contraindicated

Ondansetron 4mg IV (if contraindicated consider Dexamethasone 6.6mg IV instead)

**Post operatively:**

Paracetamol 1g qds (if booking weight <50kg reduce to 1g tds or 500mg qds)

Ibuprofen 400mg qds unless contraindicated (>8hrs after theatre diclofenac)

MST 20mg 2 STAT DOSES ONLY (if booking weight<50kg reduce to 15mg)

* First > 8 hours from spinal & second 12 hours later

Oramorph 10mg one hourly as required (max 6 doses in 24 hours before review)

Ondansetron 4mg IV/IM/oral 8 hourly as required

Lactulose 15mls bd

**Discharge:**

Paracetamol 1g qds 5 days(32 supplied)

Ibuprofen 400mg qds 5 days (24 supplied)

Oramorph 5-10mg 4-6 hourly as required (total 100mls)

Lactulose 15mls bd as required 5 days (300mls supplied)

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