

Diabetes Insipidus 4 Hourly Balance Sheet

Date	Weight	Input	Output	4hrly Balance	Cumulative Input	Cumulative Output	Balance	Urine SG	Plasma Sodium Time	DDAVP Dose Time
2400										
0400										
0800										
1200										
1600										
2000										
Total Daily										

Please record - input & output every 4hours

- urine specific gravity
- weight twice daily (unless intubated)
- If >5% weight change, contact paediatric endocrine team
- If 4hrly negative balance > 200mls **and** SG ≤ 1.005, check urgent UEs (cap gas if possible)
- If Na >145mmol/l **and** negative balance >200mls **and** SG ≤ 1.005, consider giving DDAVP 5-30mcg orally (discuss dose with paed endocrine team)
- If concerns/doubts re fluid balance contact paediatric endocrine team